

HOMEGROUP Business Meetings

"A Chance for Gratitude" group, First Thursday of each month @ 7:30pm at Central Un. Methodist Ch. 14 N. Lewis St. Staunton, VA.
"Covington" group, Second Monday of each month @ 7:30pm at Emmanuel Episc. Ch.138 N. Maple St. Covington, VA.
"Courage to Change" group, First Sunday of each month @ 4:30pm at Muhlenberg Lutheran Ch. 281 E. Market St. Harrisonburg, VA.
"Find a New Way to Live" group, On the Monday before the A.S.C. mtg. @ 7pm at Main Street Methodist Ch. 601 Main St. Waynesboro, VA.
"It Can Be Done" group, Last Tuesday of each month @ 6:45pm at Sunrise Ch. of the Brethren, 1496 W. Main St. Harrisonburg, VA.
"Just for Today" group, First Sunday of each month @ 7:40pm at Valley Mission 1513 W. Beverly St. Staunton, VA.
"Keep it Simple" group, First Wednesday of each month @ 9:00pm at R.E. Lee Memorial Episc. Ch. 123 West Washington St. Lexington, VA.
"Never Alone" group, First Wednesday of each month @ 9pm at Reformation Lutheran Ch. 9283 N. Congress St. New Market, VA.
"Oak Ridge Recovery" group, First Tuesday of each month @ 8pm at Trinity Episc. Ch. 475 Oak Ridge Rd. Arrington, VA.
"Step by Step" group, First Tues. @ of each month @ 9:15pm at Valley Mission 1513 W. Beverly St. Staunton, VA.
"Together We Can" group, The Wednesday before Area Service @ 7pm at Augusta Medical Center, Community Bldg. 96 Medical Center Dr. Fishersville, VA.

AREA SERVICE TRUSTED SERVANTS

The Blue Ridge Area of Narcotics Anonymous Area Service Committee meets the second Sunday of each month @ 4:00 pm at Verona United Methodist Ch. 406 Lee Hwy, Verona, VA. Enter at rear basement entrance of the church and look for Room 146.
Blue Ridge Area CHAIRPERSON: Libby V: 540-216-4822
Blue Ridge Area VICE-CHAIR: Tim A: 434-981-4667
Blue Ridge Area SECRETARY: Sara: 540-836-0491
Blue Ridge Area TREASURER: OPEN
Blue Ridge Area REGIONAL COMMITTEE MEMBER: OPEN,
Blue Ridge Area ALTERNATE REGIONAL COMMITTEE MEMBER: OPEN,
Blue Ridge Area VRCC DIRECTOR: OPEN,
Blue Ridge Area OUTREACH Committee CHAIRPERSON: William H: 540-221-1567. Committee meets the second Sunday of each month at 3:15pm at Verona Un. Methodist Ch. 406 Lee Hwy, Verona Va. 24482. Outreach Chairperson: William: 540-221-1567
Blue Ridge Area SPECIAL EVENTS Committee CHAIRPERSON Nick A: Committee meets the first Friday of each month at 7:00pm in Waynesboro, Va. at Main St. United Methodist Ch. 601 Main St. Special Events Chairperson: Nick: 540-688-6171
Blue Ridge Area POLICY Committee CHAIRPERSON: Paulie: 239-810-2520, Committee meets each quarter, (Or as needed) at 3pm at the ASC location,
Blue Ridge Area LITERATURE Committee CHAIRPERSON: Gene G. 540-525-7604. This committee has no regularly scheduled meetings.

SOME "SUGGESTIONS"

- *Don't use today - no matter what !!!
*Go to N.A. meetings regularly, and frequently.
*For newcomers, 90 meetings in your first 90 days is strongly suggested.
*Avoid people, places, & things where drugs are being used. (Alcohol is a drug too !)
*Pray for help with your addiction.
*Get & use phone numbers from other N.A. members for experience, strength, and hope.
*Remember, call someone "BEFORE" you use drugs or engage in any other harmful behaviors!!!
*Come to meetings early & stay late, and fellowship with other recovering people.
Find, join, and participate in a Home-Group.
*Get a "Sponsor" and begin to work (and apply) the "12 Steps and 12 Traditions of N.A." in your life.
* Be of service to others - help somebody today.
*Keep coming back; N.A. works, "WE DO RECOVER".

TELEPHONE NUMBERS

Series of horizontal lines for entering telephone numbers.



BLUE RIDGE AREA of Narcotics Anonymous Meeting List

SEPT. 2018

P. O. Box 623, Harrisonburg, Va. 22803
WEB-SITE: www.brana.org
Central Atlantic Region of NA Infoline:
1-800-777-1515 www.car-na.org
N.A. World Services: www.na.org

SUNDAY

3pm "Hugs Not Drugs" Little River Ch. Of the Brethren, 711 Little River Rd. Goshen, Va. (Open mtg., discussion, Use basement entrance,)

6:30pm “Just for Today” Valley Mission
1513 W. Beverly St. Staunton, VA. *(Open mtg.,
discussion, handicap access, Enter at Chapel door entrance
– Anniversary celebrations are the last Sunday of the
month)*

7pm “Courage to Change” Muhlenberg
Lutheran Ch. 281 E. Market St. Harrisonburg,
VA. *(Open mtg., handicap access, discussion, Anniversary
celebrations last Sunday of the month, mtg. in Activities
Bldg.)*

MONDAY

12:30pm “Together We Can” Valley
Community Services Board Bldg. at 85 Sanger’s
Lane, Staunton, VA. *(Open mtg., discussion, handicap
access, We meet in the lobby at 12:30pm, Sign in at the
Front Desk (first name only) and receive name tag sticker,
We are escorted by the staff at 12:30pm to the meeting
location,)*

6:30pm Covington group, Emmanuel Episc.
Ch. 138 N. Maple St. Covington, Va. *(Open mtg.
handicap access, Enter at rear of church)*

7pm “Courage to Change” Muhlenberg
Lutheran Ch. 281 E. Market St. Harrisonburg,
VA. *(Open mtg., handicap access, “Ask it basket”
discussion, mtg. in the Activities Bldg.)*

8pm “Find a New Way to Live” Main
Street Methodist Ch. 601 Main St. Waynesboro,
VA. *(Open mtg., discussion, handicap access, Enter at the
basement entrance, Second Monday: Step study, Fourth
Monday: “Ask it basket” & discussion mtg.,)*

TUESDAY

1pm “Together We Can” Waynesboro
Library, Wayne Ave. Waynesboro, VA. *(Open
mtg., discussion, handicap access, Enter in the rear
basement entrance, and look for “Mtg. Room 2”)*

5:30pm “It Can Be Done” Sunrise Ch. of the
Brethren, 1496 S. Main St. Harrisonburg, VA.
*(Open mtg., discussion, Entry at rear of the church,
and the meeting is upstairs.)*

6:30pm Live Free or Die group. St. Andrews
Episcopal Ch. 516 McCormick Blvd. Clifton
Forge, Va. *(Open mtg.)*

7pm “Oak Ridge Recovery”
Trinity Epis. Ch. 475 Oak Ridge Rd. Arrington,
VA. *(Open mtg., discussion, handicap access,)*

7:30pm “Surrender to Win” Christ
Episcopal Ch, 16 Amis Ave. Luray, VA. *(Open
mtg., discussion, and handicap access.)*

7:30pm “Step by Step” Valley Mission, 1513
W. Beverly St. Staunton, VA. *(Open mtg, handicap
access, Enter at Chapel door entrance, on Beverly St., “Step
Working Guide” study & discussion, Last Tues. of month 12
Traditions study & discussion)*

WEDNESDAY

5:30pm “It Can Be Done” Sunrise Ch. of the
Brethren, 1496 S. Main St. Harrisonburg, VA.
*(Open mtg., “JFT Meditation” study, discussion, Enter at
rear of the church, and the meeting is upstairs,)*

8pm “Keep it Simple” R.E. Lee Memorial
Episc. Ch. 123 West Washington St. Lexington,
VA. *(Open mtg., discussion, Enter In front or side entrance
of the Parish Bldg. The mtg. is upstairs in the Library)*

8pm “Never Alone” Reformation Lutheran
Ch. 9283 N. Congress St. New Market, VA. *(Open
mtg., discussion, Use the side basement entrance –
meeting. is in the basement)*

8pm “Together We Can” Augusta Medical
Center *(in the Community Bldg.),* 96 Medical
Center Dr. Fishersville, VA. *(Open mtg., discussion,
handicap access, Last Wed. of each month 7pm “Pot-Luck
Eating Mtg.” & anniversary celebration at 8pm)*

THURSDAY

6:30pm “A Chance for Gratitude”
Central Un. Methodist Ch. 14 N. Lewis St.
Staunton, VA. *(Open mtg., N.A. Literature study &
discussion, Enter in the basement entrance on Beverly St.)*

6:30pm Covington group Emmanuel Episc.
Ch. 138 N. Maple St. Covington, Va. *(Open mtg.
handicap access, enter at rear of the church)*

7pm “Courage to Change” Muhlenberg
Lutheran Ch. 281 E. Market St. Harrisonburg,
VA. *(Open mtg., handicap access, discussion, mtg. in the
Activities Bldg.)*

FRIDAY

2:30pm “Just for Today” Valley Mission,
1513 W. Beverly St. Staunton, VA. *(Open mtg.,
“Living Clean” book study - discussion, handicap
access, Enter at the Chapel door entrance,)*
6:30pm “A Chance for Gratitude”
Central Un. Methodist Ch. 14 N. Lewis St.
Staunton, VA. *(Open mtg., Newcomer & discussion,
Enter in the basement entrance on Beverly St. - the meeting
is in the basement)*

8pm “It Can Be Done” First Presbyterian
Ch., 17 N. Court Sq., Harrisonburg, VA. *(Open mtg.,
handicap access, discussion, On the last Friday of the
month, Anniversary celebrations, and a Lead share &
discussion, Enter at the main front entrance – mtg. on 1st
floor,)*

8:30pm “Find a New Way to Live” Main
Street Methodist Ch. 601 Main St. Waynesboro,
VA. *(Open mtg., discussion, handicap access, Enter in
basement entrance,)*

SATURDAY

11am “Riverside Recovery” St. Mary’s
Wilderness Area, St. Mary’s Rd. Raphine, VA.
*(Outdoor-Open mtg. Pot-Luck Breakfast at 10am. The mtg.
is held last Sat. of each month - and is held the second Sat.
of each month: May thru Sept. Directions: From Rt. 11 –
south of Greenville, VA - turn onto Rt. 666, Turn right onto
Rt. 608, Turn left onto St. Mary’s Rd (Look for NA service
logo sign on at right side of the Parking lot, a trail leads to
the meeting spot, about 100 yards away)*

3pm “Recovery By The River” Green Hill
Lane – Rt. 836, (Take Rt.250 to Rt. 42-South to
Rt. 836) Churchville, Va. *(Outdoor - Open mtg. Held
the 1st Sat. of the month, look for NA logo sign on entry
gate to the Property)*

6:30pm “A Chance for Gratitude”
Central Un. Methodist Ch. 14 N. Lewis St.
Staunton, VA. *(Open mtg., discussion, Candlelight,
Enter in the basement entrance on Beverly St)*
7pm “It Can Be Done.” First Presbyterian
Ch. 17 N. Court, Harrisonburg, VA. *(Open mtg.,
Step/Tradition study, discussion. Entry for mtg. at side of
the church, & go upstairs to 2nd Floor.)*