BLUE RIDGE

Area of Narcotics Anonymous

MEETING LIST

MARCH 2019

P. O. BOX 289, Verona, Va. 24482
BLUE RIDGE WEB-SITE: www.brana.org
Central Atlantic Region of NA Infoline:
1-800-777-1515 www.car-na.org
N.A. WORLD SERVICES: www.na.org

SOME "SUGGESTIONS "

*Don't use today! *Go to N.A. meetings regularly, *For newcomers, going to 90 meetings in your first 90 days is strongly suggested. *Pray for help with your addiction. *Avoid people, places, & things where drugs/alcohol are used. *Get & use phone numbers from other N.A. members and remember to call someone "BEFORE" you use drugs. *Come to meetings early - stay late, and fellowship. *Find, join, and participate in a Home-Group. *Get a "Sponsor" and begin to work *(and apply)* the "Twelve Steps and Twelve Traditions of N.A." in your everyday life. * Be of service to others - help somebody today. *Keep coming back; N.A. works, "We do recover".

N.A. MEMBER PHONE NUMBERS

_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____

(**ABBREVIATIONS: A**-Anniversary, **AIB**-Ask It Basket, **BF**-Beginner Focus, **C**-Candlelight, **D**-Discussion, **HA**-Handicap Access, **Ls**-Literature Study, **O**-Open, **M**-Meditation, **STs**-Step Study, **S**-Smoking, **SP**-Speaker, **Ts**-Tradition Study,)

SUNDAY

3pm *Hugs Not Drugs* Little River Ch. Of the Brethren, 711 Little River Rd. Goshen, Va. *(O, D, Meeting is in the 1st floor Parish Room.)*

6:30pm *Just for Today* Valley Mission 1513 W. Beverly St. Staunton, VA. *(O, D, HA, Enter Chapel door entrance, A-Celebrations last Sunday of every month,)*

7pm *Courage to Change* Muhlenberg Lutheran Ch. 281 E. Market St. Harrisonburg, VA. *(O, D, HA, A-Celebrations last Sunday of every month, Meeting is in the Activities Bldg.)*

MONDAY

12:30pm *Together We Can* Valley Community Services Board Bldg. 85 Sanger's Lane, Staunton, VA. *(O, Ls, D, HA, We meet in the lobby before 12:30pm, Sign in at the Front Desk (first name only) and receive name tag sticker, We are escorted by a staff member at 12:30pm to the meeting location,)*

6:30pm *Covington Group* Emmanuel Episc. Ch. 138 N. Maple St. Covington, Va. *(O, D, HA, Enter at the rear of church)*

7pm *Courage to Change* Muhlenberg Lutheran Ch. 281 E. Market St. Harrisonburg, VA. *(O, BF, D, HA, the meeting is in the Activities Bldg.)*

8pm *Find a New Way to Live* Main St. United Methodist Ch. 601 Main St. Waynesboro, VA. *(O, D, HA, 2nd Monday: STs, 4th Monday: AIB, Enter at the side basement entrance,)*

TUESDAY

1pm *Together We Can* Waynesboro Library, Wayne Ave. Waynesboro, VA. *(O, D, HA, Enter in the rear basement entrance, in "Meeting Room 2")*

5:30pm *It Can Be Done* Sunrise Ch. of the Brethren, 1496 S. Main St. Harrisonburg, VA. *(O, D, Enter at the rear of the church, and the meeting is upstairs.)*

6:30pm *Live Free or Die* St. Andrews Episcopal Ch. 516 McCormick Blvd. Clifton Forge, Va. *(O, D,)*

7pm *Oak Ridge Recovery* Trinity Episcopal Ch. 475 Oak Ridge Rd. Arrington, VA. (O, D, on the 2nd Tuesday: SP,*)*

7:30pm *Step by Step* Valley Mission 1513 W. Beverly St. Staunton, VA. *(O, D, STs, Last Tues. of month: Ts, Enter at Chapel door entrance on Beverly St.)*

7:30pm *Surrender to Win* Christ Episcopal Church 16 Amiss Ave. Luray, VA. *(O, D, HA,)*

WEDNESDAY

5:30pm *It Can Be Done* Sunrise Ch. of the Brethren, 1496 S. Main St. Harrisonburg, VA. *(O, Ls, D, Enter at rear of the church, and the meeting is upstairs,)*

8pm *Keep it Simple* Robert E Lee Memorial Episcopal Ch. 123 West Washington St. Lexington, VA. *(O, D, Enter In front or side entrance of the Parish Bldg. Meeting is upstairs in the Library)*

8pm *Never Alone* Reformation Lutheran Ch. 9283 N. Congress St. New Market, VA. *(O, D, Use the side basement entrance)*

8pm *Together We Can* Augusta Medical Center *(in the Augusta Community Care Bldg.),* 96 Medical Center Dr. Fishersville, VA. *(O, D, HA, Last Wed. of every month: 7pm "Pot-Luck Eating Mtg." & anniversary celebration at 8pm)*

THURSDAY

6:30pm *Chance for Gratitude* Central Un. Methodist Ch. 14 N. Lewis St. Staunton, VA. *(O, Ls, D, Enter in the basement entrance on Beverly St.)*

6:30pm *Covington* Emmanuel Episcopal Ch. 138 N. Maple St. Covington, VA. *(O, D, Enter at rear of the church)*

7pm *Courage to Change* Muhlenberg Lutheran Ch. 281 E. Market St. Harrisonburg, VA. *(O, D, HA, Meeting is in the Activities Bldg.)*

FRIDAY

2:30pm *Just for Today* Valley Mission 1513 W. Beverly St. Staunton, VA. *(O, Ls, D, HA, Enter at the Chapel door entrance,)*

6:30pm *A Chance for Gratitude* Central United Methodist Ch. 14 N. Lewis St. Staunton, VA. *(O, BF, D. Enter in the basement entrance on Beverly St.)*

8pm *It Can Be Done* First Presbyterian Ch. 17 N. Court, Harrisonburg, VA. *(O, D, HA, A-Celebrations, and a Lead share & Discussion last Friday of every month, Enter at the main front church entrance, the meeting is on 1st floor,)*

8:30pm *Find a New Way to Live* Main St. United Methodist Ch. 601 Main St. Waynesboro, VA. *(O, D, HA, Enter at the side basement entrance,)*

SATURDAY

11am *Riverside Recovery* St. Mary's Wilderness Area, St. Mary's Rd. Parking Lot, Raphine, VA. *(Outdoor, O, M, D, S,* This meeting is held **last Sat. of each month – year-round / rain or shine.** *Pot-Luck Breakfast at 10am. Directions: From Rt. 11 – south of Greenville, VA - turn onto Rt. 666, Turn right onto Rt. 608, Turn left onto St. Mary's Rd. Look for NA service logo sign on right side of the parkg lot a trail leads to meeting spot 100 yds away.*

3pm *"Recovery By The River"* Green Hill Lane – Rt. 836, Churchville, VA. *(Outdoor, O, D, S,* This meeting is held **the second Sat. of each month** – April thru Nov. – rain or shine. *Look for the NA logo sign on entry gate of the property.)*

6:30pm *A Chance for Gratitude* Central United Methodist Ch. 14 N. Lewis St. Staunton, VA. *(O, C, D, Enter in the basement entrance on Beverly St)*

7pm *It Can Be Done* First Presbyterian Ch. 17 N. Court, Harrisonburg, VA. *(Open, Step/Tradition study, discussion mtg. Entry for mtg. at side of the church, & go upstairs to 2nd Floor.)*