

SUNDAY

3:00PM-4:00PM HR Riverside Recovery (No Matter What Group), St Mary's Wilderness Area - Outdoors -, Outdoor Open Discussion Meeting, rain or shine, look for NA logo sign on St Mary's Rd, St Mary's Rd, Raphine, VA, 24472, **(O,DISC,NP)** 4th Sunday of the MONTH - Year Round - *BEGINS JAN 2024!*

6:30PM-7:30PM HR No Matter What, Christ United Methodist Church, 1512 Churchville Ave, Staunton, VA, 24401, **(O,DISC)** Meets outdoors in warm weather months...

7:00PM-8:00PM HR Together We Can, Sunrise Church of the Brethren, Enter at rear of church, the meeting room is upstairs..., 1496 S. Main St, Harrisonburg, VA, 22801, **(O,DISC)** Cold weather location; indoors

MONDAY

7:00PM-8:00PM HR Find A New Way To Live, Main Street United Methodist Church, 601 W. Main Street, Waynesboro, VA, 22980, **(O,WC &)**

7:00PM-8:00PM HR Recovery 101, Rockbridge Recovery, 119 East 28th Street, Buena Vista, VA, 24416, **(O,BEG)** All welcome; Please visit and share your strength, experience and hope...

7:00PM-8:00PM HR Together We Can, First Presbyterian Church, Enter at west side door; meeting is upstairs...Beginner's Mtg, 17 Court Square, Harrisonburg, VA, 22802, **(O,BEG,DISC,WC &)** Please be thoughtful and kind. Help prevent the spread of illness and discord.

TUESDAY

6:30PM-7:30PM HR No Matter What, Christ United Methodist Church, 1512 Churchville Ave, Staunton, VA, 24401, **(O,DISC)** Meets outdoors in warm weather months...

7:00PM-8:00PM HR Together We Can, We are reading the Basic Text so helpful if you have a copy of the book BUT we also display it on the screen while it is read, Harrisonburg, VA, 22801, <https://us02web.zoom.us/j/82282008824> Meeting ID: 822 8200 8824, No Passcode tel:+16465588656,,82282008824# **(O,BT,VM)** Virtual NA meeting - Click on the link and follow directions ... easy! (or type in meeting ID at website)

7:30PM-8:30PM HR Surrender To Win, The 23 West Club, 23 West Main St, Luray, VA, 22835, **(O,WC &)**

WEDNESDAY

5:30PM-6:30PM HR Together We Can, First Presbyterian Church, Side entrance - text number on sign for access if needed, 17 Court Square, Harrisonburg, VA, 22801, **(O,JFT)** Please be thoughtful and kind. Help prevent the spread of illness and discord.

7:30PM-8:30PM HR Just For Today, Valley Mission, Meeting in the Chapel - upstairs., 1513 W. Beverley Street, Staunton, VA, 24401, **(O,DISC,SPK,WC &)** Please be thoughtful and kind. Help prevent the spread of illness and discord.

THURSDAY

6:30PM-7:30PM HR A Chance for Gratitude, Central United Methodist Church (in basement on Beverly Street), 14 N. Lewis Street, Staunton, VA, 24401, **(O,LIT)** Please be considerate to keep everyone safe and healthy.

7:00PM-8:00PM HR Together We Can, First Presbyterian Church, Side entrance - text number on sign for access if needed, 17 Court Square, Harrisonburg, VA, 22801, **(O)** Please be thoughtful and kind. Help prevent the spread of illness and discord.

8:00PM-9:00PM HR Surrender To Win, The 23 West Club, 23 West Main St, Luray, VA, 22835, **(O,WC &)**

FRIDAY

6:30PM-7:30PM HR We Do Recover, Emmanuel Episcopal Church, 138 N. Maple Ave, Covington, VA, 24426, **(O)** Please be considerate of everyone's health

7:00PM-8:00PM HR Find A New Way To Live, Main Street United Methodist Church, 601 W. Main Street, Waynesboro, VA, 22980, **(O,WC &)** Please be considerate to keep everyone safe and healthy.

7:00PM-8:00PM HR Recovery 101 - Step Study, Rockbridge Recovery, 119 East 28th Street, Buena Vista, VA, 24416, **(O,BEG,STEP)** Step meeting: Learn and share about the 12 Steps of Narcotics Anonymous

7:00PM-8:00PM HR Together We Can, First Presbyterian Church, Enter at west side door; meeting is upstairs....Candlelight Mtg. (except last Fri of the month: Anniversary Mtg), 17 Court Square, Harrisonburg, VA, 22802, **(O,CAN,DISC,WC &)** Please be thoughtful and kind. Help prevent the spread of illness and discord.

SATURDAY

12:00PM-1:00PM HR Surrender To Win, The 23 West Club, 23 West Main St, Luray, VA, 22835, **(O,WC &)**

3:00PM-4:00PM HR Recovery by the River (No Matter What Group), Lot #635 (Outdoor Open Meeting, April 1 thru November 30, every 2nd Saturday of the month), 835 Green Hill Ln, Churchville, VA, **(O,DISC,SMOK)** Come Early ! Pot Luck Lunch at 2 PM !!!

SATURDAY (CONT)

6:30PM-7:30PM HR A Chance for Gratitude, Central United Methodist Church (in basement on Beverly Street), 14 N. Lewis Street, Staunton, VA, 24401, **(O,DISC)** Please be considerate to keep everyone safe and healthy.

7:00PM-8:00PM HR Keep it Simple, Grace Episcopal Church, Enter front or side of the Parish Bldg., the meeting is upstairs., 123 W Washington St, Lexington, VA, 24450, **(O,DISC)** Please be safe and follow guidelines to prevent the spread of Covid-19...

7:00PM-8:00PM HR Together We Can, First Presbyterian Church, Enter at west side door; meeting is upstairs...Step & Tradition Mtg - It Works, How & Why, 17 Court Square, Harrisonburg, VA, 22802, **(O,DISC,STEP,TRAD,WC &)** Please be thoughtful and kind. Help prevent the spread of illness and discord.

MEETING FORMAT LEGEND

BEG (Beginners) This meeting is focused on the needs of new members of NA.

BT (Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.

CAN (Candlelight) This meeting is held by candlelight.

DISC (Discussion) This meeting invites participation by all attendees.

JFT (Just for Today Study) This meeting is focused on discussion of the Just For Today text.

LIT (Literature Study) NA Approved Literature Study

NP (No Pets) No Animals of any kind

NS (No Smoking) Smoking is not allowed at this meeting.

O (Open) This meeting is open to addicts and non-addicts alike. All are welcome.

SMOK (Smoking) Smoking (of tobacco) is permitted at this meeting.

SPK (Speaker) This meeting is lead by a speaker, then opened for participation by attendees.

STEP (Step) This meeting is focused on discussion of the Twelve Steps of NA.

TRAD (Tradition) This meeting is focused on discussion of the Twelve Traditions of NA.

VM (Virtual Web Meeting) Meets Virtually

WC & (Wheelchair) This meeting is wheelchair accessible.

STATEWIDE 24-HOUR HELPLINE

1-800-777-1515

AREA SERVICE - SECOND SUNDAY OF EACH MONTH

